

2nd LTT Greece

5th-12th June 2023

Children of a Green World

KA220-SCH-004A2E9F

Info pack



Funded by
the European Union

How to get from Athens to Nafpaktos

Step 1: Athens Airport to Athens Intercity Bus Station (KTEL Kifisou)

Option A: taxi (about 40 euro, about 40 min)

Option B: Bus route X93. Take the bus X93 to Athens Intercity Bus Station (KTEL Kifisou) which departs from Athens Airport every 30-40 minutes (6 euros, about 60 min).

Departure times from Athens Airport						
00:25	01:15	02:00	02:45	03:30	04:15	05:15
06:05	06:40	07:15	07:45	08:10	08:35	09:00
09:30	10:00	10:30	11:00	11:30	12:00	12:30
12:55	13:25	13:55	14:25	14:55	15:30	16:05
16:35	17:05	17:40	18:15	18:50	19:15	19:45
20:15	20:50	21:25	22:10	22:55	23:40	

For more information

<https://www.athensairportbus.com/leoforeia/eisithria-leoforiou-aerodromio.html>

Step 2: Kifisou Intercity Bus Station to Nafpaktos

Option A: from Athens to Nafpaktos by Intercity bus

<u>Departure time</u>	MONDAY	TUESDAY	WEDNESDAY	FRIDAY	SATURDAY	SUNDAY
08:30:00	YES	YES	YES	YES	YES	YES
15:30:00	YES	YES	YES	YES	YES	YES

The trip takes about 2,5-3 hours and the ticket price is €20,70 (one-way) or €33,40 (return ticket). From the bus station of Nafpaktos to the hotel you can get a taxi (Tel: 00302634025111, €3.00 - €5.00) or the local bus (free).

For more information: <http://www.ktel-aitolnias.gr/el/contact.php>

Passengers must be at the Intercity bus station 30 minutes before the departure time.

Option B: from Athens to Antirrion (12km out of Nafpaktos) by Intercity bus.

ATHENS-ANTIRRIO routes

<u>Departure time</u>	MON	TUE	WED	THU	FRI	SAT	SUN
07:00	YES	YES	YES	YES	YES	YES	NO
08:00	YES	YES	YES	YES	YES	YES	YES
11:00	YES	YES	YES	YES	YES	YES	YES
14:30	YES	YES	YES	YES	YES	YES	YES
15:30	YES	YES	YES	YES	YES	YES	YES
17:00	YES	YES	YES	YES	YES	YES	YES
20:00	YES	YES	YES	YES	YES	YES	YES
21:30	YES	NO	NO	NO	YES	NO	NO

The trip takes about 2.5-3 hours and the ticket price is €19,50 (one-way) or €33,40 (return ticket). From Antirrion to Nafpaktos you can take a taxi (price: about €15, 10-15min, Tel: 00302634025111) or the local bus (30 min, €1.30). Local bus departure times from Antirrion: 7:30,8:30, 9:30, 10:30,12:00, 13:30, 14:50, 16:00, 17:30, 18:30, 19:30, 20:30, 21:30.

For more information: http://www.ktel-aitolnias.gr/el/show_routes.php?

How to get from Nafpaktos to Athens

Step 1: from Nafpaktos to Kifisou Intercity Bus Station

Option A: from Nafpaktos to Athens Kifisou Intercity Bus Station by Intercity bus

The trip takes about 2.5-3 hours and the ticket price is €20,70 (if you have paid for a return ticket, use this).

<u>Departure time</u>	MONDAY	TUESDAY	WEDNESDAY	FRIDAY	SATURDAY	SUNDAY
10:00	YES	YES	YES	YES	YES	YES
17:00	YES	YES	YES	YES	YES	YES

From the hotel to the Intercity Bus Station of Nafpaktos (Tel: 00302634022074) you can get a taxi (Tel: 00302634025111, €3.00 - €5.00) or the local bus (free).

Option B: from Antirrion to Athens Kifisou Intercity Bus Station by Intercity bus

<u>Departure time/MONDAY</u>	<u>Departure point</u>
5:00	ANTIRRIO
9:00	BRIDGE
10:00	ANTIRRIO
14:00	ANTIRRIO
15:45	BRIDGE
17:00	ANTIRRIO
20:00	ANTIRRIO

The trip takes about 2.5-3 hours and the ticket price is €19,50 (one-way) or if you have a return ticket, use this. From Nafpaktos to Antirrion Intercity Bus station you can take a taxi (price: about €15, 10-15 min, Tel: 00302634025111) or the local bus

(30 min, €1.30). Local bus departure times from Nafpaktos: 7:00, 8:00, 9:00, 10:00, 11:30, 13:00, 14:00, 15:20, 16:45, 18:00, 19:00, 21:00.

Step 2: from Athens Intercity Bus Station (KTEL Kifisou) to Athens Airport

Option A: taxi (about 40 euro, about 40 min drive)

Option B: Bus route X93. Take the bus X93 to Athens Airport which departs from Athens Intercity Bus Station (KTEL Kifisou) every 30-40 minutes (6 euros, about 60 min).

Departure time								
00:40	01:25	02:20	03:15	04:15	04:55	05:25	05:55	06:20
06:45	07:05	07:30	07:55	08:25	08:55	09:20	09:45	10:10
10:40	11:10	11:40	12:10	12:40	13:10	13:40	14:05	14:35
15:05	15:35	16:05	16:40	17:15	17:50	18:25	19:00	19:35
20:15	20:55	21:40	22:30	23:15	23:55			

For more information:

<https://www.athensairportbus.com/leoforeia/eisithria-leoforiou-aerodromio.html>

Passengers must be at the Intercity bus station 30 minutes before the departure time.

Possible accommodation

Hotel Nafs (4 stars, 600m. from school)

Single: 49,00€, Double: 55,00€, Triple: 79,00€

The above prices are net per room/night and include American style buffet breakfast, taxes and services.

Accommodation Tax: €1.50 / room / night.

We inform you that the triple rooms of our hotel can accommodate adults and one child up to 15 years old (sofa bed).

Dinner Cost (if asked): €14.00 per person/meal/day (VAT included).

Hotel Nafpaktos (3 stars, 2.200m. from school)

Standard Double Room with Garden View: €60 / night

Comfort Double room with Side Sea View: 70 € / night

Standard Triple Room with Garden View: 85 € / night

For teachers – chaperones

Standard Double Room as Single: 50 € / night

The prices include a rich buffet breakfast.

It is possible to upgrade to HB (half board): €14.00 / person in a rich buffet of Greek and Mediterranean cuisine.

Accommodation Tax: €1.50 / room / night.

Hotel Apollo (700m. from school)

The hotel consists of twelve suites that are categorized as follows: **three Standard Double, three Business and six Duplex**. The Duplex suite consists of two rooms, one of which is the bedroom, which includes a Queen-size bed and the second, the living room, which includes the kitchen with basic kitchenware and a sofa, which opens and becomes a semi-double bed and can accommodate an adult or two children up to 12 years old. The Standard Double suite includes a Queen-size bed and a kitchen with basic kitchenware. The Business suite includes a Double bed, a kitchen with basic kitchenware and a living room.

The price of the suite for single use is 75€, the price for double use is 88€, triple use is 100€ and for four persons the price is 115€. These prices include Homemade Traditional Breakfast. Accommodation Tax: €1.50 / room / night.

ILION HOTEL NAFPAKTOS (700m from school)

Double room with breakfast 60 euros

Triple room with breakfast 75 euros

Quadruple room (2 rooms) with breakfast 100 euros

Accommodation Tax: €1.50 / room / night.

Greece



Capital city	Athens
Population	10,6 million
Official language	Greek
Currency	euros (€)
Famous people	Philosophers: Socrates, Plato, Aristotle, Diogenes, Epictetus, Thales, Empedocles, Democritus, Heraclitus, Pythagoras, Epicurus, Anaxagoras, Diotima Scientists: Archimedes, Eukleides, Hypatia, Eratosthenes, Theophrastus, Hippocrates, Herodotus, Thucydides, Strabon Poets and writers: Homer, Aeschylus, Sophocles, Aristophanes (ancient times)· Konstantinos Kavafis, Dionysios Solomos, Odysseas Elytis, George Seferis, Yannis Ritsos, Angelos Sikelianos, Nikos Engonopoulos, Kostis Palamas, Alexandros Papadiamantis, Nikos Kazantzakis (contemporary)

Greek inventions	The ancient Greeks also contributed greatly to the development of sciences such as physics, medicine, mathematics, philosophy, geography, history, astronomy, psychology, as well as in the development and evolution of the arts.
Greek traditional products	Olive Oil, Feta Cheese, Greek Yoghurt, Greek Honey, Mastic Raisin, Krokos Kozanis/Greek red saffron, Avgotaraho, Ouzo, Cretean rusk, Macedonian Halva, Teaspoon sweets, Traditional liquors

Athens

Athens is the capital and largest city of Greece with its urban area's population numbering over three million, which is also the eighth largest urban area in the EU. Athens is the capital of the Attica region and one of the world's oldest cities, with its recorded history spanning over 3,400 years.

Classical Athens was a powerful city-state. It was the centre for the Arts, learning and philosophy, and the home of Plato's Academy and Aristotle's Lyceum. It is widely referred to as the cradle of Western civilization and the birthplace of democracy, largely because of its cultural and political influence on the European continent—particularly Ancient Rome.

In modern times, Athens is a large cosmopolitan metropolis and central to economic, financial, industrial, maritime, political and cultural life in Greece. In 2023, Athens' surrounding metropolitan area had a population of 3.1 million.

One of the most remarkable historical monuments of the city is the **Parthenon** located on the Acropolis.



Aitoloakarnania

Aitoloakarnania is the largest of the 52 prefectures of Greece and is part of Western Greece region. Its capital is the historical town of Messolonghi but its biggest city and economic centre is Agrinio. Aitoloakarnania is connected to the Peloponnese via the **Rio-Antirio Bridge**. The bordering prefectures are Arta in Epirus to the north, Evrytania to the northeast, and Phocis to the east.

Entrance of Messolonghi



'Every free man is a citizen of Messolonghi'

Messolonghi lagoon



Acheloos river



Prusos Monastery



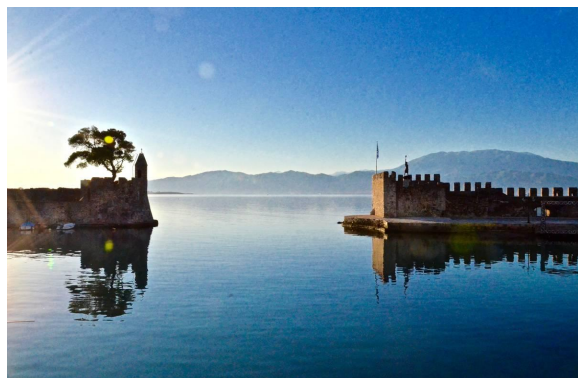
Nafpaktos

Nafpaktos (Greek: Ναύπακτος) is a town and a municipality in Aitoloakarnania, Western Greece, situated on a bay on the north coast of the Gulf of Corinth. It is the second largest town of Aitoloacarnania, after Agrinio, with a population of about 25.000 inhabitants. The modern town, built over older building phases, stretches on the foot of a hill with its historic castle overlooking the Venetian port and the bay.



The etymology of its name, Nafpaktos, comes from the ancient words ‘naus’ meaning ‘ship’ and ‘pegnymi’ which means ‘construct’. From the ancient times Nafpaktos was an important Athenian naval station in the Peloponnesian war as a strategically crucial point in controlling the access to the Gulf of Corinth. Nafpaktos changed hands many times during the Crusades and the Ottoman–Venetian Wars.

The picturesque port of Nafpaktos is unarguably the trademark of this little town. In its present-day form it constitutes mainly part of the Venetian fortifications (1407-1499). It has two towers at the east and west and an opening of 35 meters in the middle. Apart from the colorful boats that moor there during the summer, at Nafpaktos port, you’ll also see the statue of Anemogiannis, a local hero, as well as the statue of Cervantes, who lost his arm in the naval battle of Nafpaktos. From the port of Nafpaktos start two beautiful long beaches that stretch for many meters and are the perfect option for swimming near the town.



The imposing castle sits on the hill above Nafpaktos town with a breathtaking view of the sea and the opposite coasts of Peloponnesse. It constitutes one of the most important examples of fortification in Greece and is intrinsically linked to the history of the town. The earliest fortification is believed to have started in the 12th century BC by the Dorians. The acropolis was fortified in the classical era whereas the extended fortification of Nafpaktos was created in the early Byzantine period. However, the fortifications that one can see and visit nowadays were the result of the influence of Venetians in the First Venetian period (1407-1499).

In Nafpaktos, one can trace pictures of the past still unscathed over the centuries.



Our school

The 2nd Primary School of Nafpaktos "Yiannis Vlachogiannis" was founded in 1935. It is located in the western part of the town, at a distance of 600 m. from the Venetian port. The faculty is two-storey and has 9 classrooms, an IT laboratory, an event hall where the school library is also hosted, two offices for the teachers and the principal, a canteen and a very large courtyard.



Our school has 11 classes and is staffed with twenty-nine educators of general and special education. Its student body is 183 students between the ages of six and twelve. The subjects taught, according to the Curriculum, are: Greek Language, Mathematics, History, Physics, Geography, Environmental Studies, Religion, Social and Political Education. Also, our students are taught 21st Century Skills, English, German, French, Arts (Music, Visual Arts, Drama), Physical Education and Information Communication Technologies.

The special educational needs of our students are supported by structures such as the Reception Department-ZEP for our foreign students, the Integration Department for students with learning difficulties, the Parallel Support for students on the autism spectrum and the EDY for social and psychological support. The school operates an extended day program for the facilitation of working parents.

Classes start at 8:15am and end at 13:15pm. At 15:00 the students attending the full-day program finish their lessons.

Our school implements Environmental Education, Health Education and Cultural Programs every year, as well as actions on digital safety, internet addiction and school bullying. On the occasion of World Days and the celebration of anniversaries, we give stimuli for experiential actions to our students. Our students have distinguished themselves in local and national competitions.

We also actively participate in eTwinning projects and have received national quality labels for our projects. For the year 2021-2022 the school also received the eTwinning School label. In the years 2021-2023 we also implemented the European program Erasmus+ KA122.

